

February Instructor Newsletter

Happy National Heart Month! I hope things are going well for everyone!

ACLS and PALS are coming to the Training Center. We are setting up ACLS and PALS classes in conjunction with an ACLS/PALS Training Site. This is one of the first steps towards potentially adding these disciplines to our Training Center. There are very few ACLS/PALS classes offered in the Seacoast area, and this is another way to help provide local training to our communities. The current schedule for the next few months is to offer Heartcode ACLS and Heartcode PALS once a month alternating a weekday and Saturday. If you are currently an ACLS or PALS Provider and need to renew, or if you know of someone needing ACLS or PALS please feel free to take your next class with us!

Have you submitted your 2022 Annual Instructor Membership Fee? Many of you have, but a few of you have not. The fee for 2022 is \$20 per instructor. If you're not planning on continuing to instruct let us know so that we don't keep reminding you.

This can be paid by logging into CPR Enroll (<https://dashboard.cprenroll.com>). Click on IG Products on the left menu. You can pay this online. If you prefer to mail a check, please send it to Coastal CPR & First Aid, 861 Lafayette Rd #7, Hampton, NH 03842. Please make the check out to Coastal CPR and First Aid. *Please submit your annual membership fee by 2/28/2022.*

Instructor Renewals

Quite a few of you are due to renew your instructor status. The AHA has some updates on how instructor renewals should be done, and we wanted to let everyone know what the process will be. There are several steps to your renewal:

- Instructors are normally required to teach 4 courses over 2 years. With the pandemic the AHA has lowered that to 2 classes over 2 years. If you have not taught at all, please contact Gail or Rick. We can help you out with this.
- There are 2 forms to complete, one is an AHA Instructor Renewal Form and the other is a Course Monitoring form. You fill out one, we fill out the other, and we both read/sign the forms.
- Rick or I will monitor one of your classes. This will allow us to ensure that all guidelines are being met and it gives us a chance to catch up with you.
- Instructors will complete a discipline specific AHA exam (BLS or Heartsaver).

Please check the recommended renewal date on your eCard. If your card has lapsed, you should have received an email from Gail. If you have not received an email from her, please contact her ASAP. If your recommended renewal date is only a few months away, please contact Gail or Rick and we'll get the renewal process started. If you need a provider card separate from your instructor card let us know so that we can issue both to you.

AHA Webinars

We've been notified of several webinars coming and sent links to some that have recently been held.

Training Central Webinar I apologize for the short notice, I just found out about this one.

Wed., Feb. 23, 2:00 p.m., Central Time

<https://heart.zoom.us/j/89726102994?pwd=SUhiT1ROVStGc2tUWIFSWERKQlBxdz09&from=addon#success>

The AHA holds monthly webinars on Blended Learning. If you have not tried blended learning and skills session this is a great way to find out about them. I know this is short notice, but there is one this week: *Please join us for the AHA Take Your Training to the Next Level - AHA Blended & eLearning Webinar*

Date and Time: Thursday, February 24, 2022 11:00 am, Central Standard Time

Event number: 2660 669 4935

Event password: ZKtfvbkU566

Event address for

attendees: <https://heart.webex.com/heart/onstage/g.php?MTID=ed211d46d6eed547e73b3699f2c14c82d>

If you are interested in learning more about offering blended learning and using Training Central to issue online course links, I will be holding a training session on Tuesday March 15th from 6:15-7:15 pm. This will be both in-person in Hampton and over Zoom. Please contact Gail to sign up.

This is a webinar that was recorded on January 12, 2022 titled “Exploring Opportunities in Emergency Response in Indigenous Communities”. Here is a link to a recording of it.

I have attached the recording if you would like to listen to it. It was extremely well received.

<https://heart.zoom.us/rec/share/RMiiU-TJzQaQnbboZ3nTsuyizdGydq56cm8nPjj-z7rH9TC2-dDGkOb6gv3Mc.hqhK9LHM81FIT6p?startTime=1642010408000>

(Passcode: **&va4=EF0** Please copy the password as is. No extra spaces.

You are invited to a Zoom webinar.

When: Mar 24, 2022 01:00 PM Eastern Time (US and Canada)

Topic: **Maternal Cardiac Arrest**

Presenter: Teresa Ball, RNC, BSN a Neonatal Transport Nurse for 33 years from Blank Children's Hospital in Des Moines, IA.

Register in advance for this webinar:

https://heart.zoom.us/webinar/register/WN_H54t9WFNQPyYwZYHAhydGA

Would you like to be a Training Center Faculty Member? The AHA requires that we have a ratio of Training Center Faculty to the number of instructors aligned with the Training Center. As we have grown, our need for Training Center Faculty has increased. We are looking for instructors who would like to volunteer for this role. I'm sure you're wondering... what does this mean? What do faculty do? Here's what involved:

- Training Center Faculty (TCF) help mentor instructors. They provide support as needed.

- TCF can be BLS or Heartsaver Instructors. We should have TCF in more than 1 discipline.
- There is a TCF handbook and training session.
- TCF can teach instructor courses. Instructor courses will need to be approved by the TC (Rick or I) first.
- TCF can support the TC with Instructor Monitoring sessions, which is a compensated position.
- TCF can be designated as eCard admins to issue eCards on behalf of the TC and for their own classes.

If you would like more information or to become a TCF please contact Gail.

Do you want to teach more classes? I am looking at expanding the number of classes taught at the Training Center classroom in Hampton. I also occasionally receive requests to provide outside classes and can't fit them into my schedule, or it's a large group and we'd need 2-3 instructors. I'm making a list of who would like to teach at the Training Center or would like to be contacted for outside classes. If you'd like to be on these lists, please let me know.

Have questions? Let us know!

Take care,

Gail Klanchesser & Rick Murphy

Coastal CPR & First Aid, LLC

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