

What's in your First Aid kit?

This quick virtual workshop will cover First Aid kits. It will meet some of the requirements for First Aid badges. Please check the full Badge requirements in your Girl Guide or in Volunteer Tool Kit.

Supplies needed:

A First Aid kit or First Aid supplies. A pair of lightweight gloves.



Brownie First Aid Step 3: Make a First Aid kit.

After watching about First Aid kits online, can you make one at home?



Junior First Aid Step 3: Make a Portable First Aid kit.

After watching about First Aid kits online, can you make one to put in your backpack?



Cadette First Aid Step 2: Know how to use everything in a First Aid kit.

After watching about First Aid kits online, do you know what is in it and how to use everything?

Questions? Feel free to post question in our Facebook Live First Aid Event!