

What type of course should I take?

This document is just a guide to suggest which type of course you should register for. Please check your licensing requirements, or with your employer or school, to confirm which level of certification you need. This guideline is a work in progress; it is challenging to keep up with all licensing rules that require CPR certification. Some professions may be listed more than once, that is because depending upon where you work you may have different requirements. I've listed those professions under all the different course options available to them. Workplaces that have an AED on location must have staff trained in CPR and AED for each shift their business is in operation.

If you're not sure – please feel free to email me and ask! It is better to check than to register or attend the wrong course.

BLS for Healthcare Providers (this includes students studying for one of these professions)

Athletic Trainer	Dental Hygienist	Midwife
BCBA (must also take First Aid)	Dentist	Nurse
Chiropractor	Doctor	Occupational Therapist
CNA	EMT	Optometrist
Dental Assistant	LNA	Pharmacist
	Medical Assistant	

In general, most healthcare or allied healthcare professions require BLS certification.

Courses that meet this requirement are BLS Provider, BLS Renewal, and Heartcode BLS.

CPR AED

Acupuncturist	LNA	Personal Trainer
Chiropractor	Midwife	Yoga Instructors
CNA	Occupational Therapist	
Dental Assistant	Optometrist	

Courses that meet this requirement are Heartsaver CPR AED, Heartsaver CPR AED Online, Community CPR AED, and Community CPR AED Blended Course.

First Aid

BCBA (must also take BLS)

Driver Education Instructors in Maine

Courses that meet this requirement are Heartsaver First Aid, Heartsaver First Aid Online, Basic First Aid, and Basic First Aid Blended Course.

More on the next page!

First Aid CPR AED (yes, you need both courses!)

After School Program Staff	Coast Guard Captain	School Staff
Camp Staff	Coast Guard First Mate	Teacher
Charter Boat Captain	Fishing Guide	Workplace Safety Teams
Childcare Providers (MA requires annual recertification)	Hiking Guide	
	Hunting Guide	
	Massage Therapist	

Courses that meet this requirement are Heartsaver First Aid CPR AED, Heartsaver CPR AED First Aid Online, Community CPR AED and Basic First Aid, and Community CPR AED and Basic First Aid Blended Course.

USCG Captains and Mates – please ask for an additional USCG certificate when you complete your course!

Pediatric First Aid CPR AED

After School Program Staff	School Staff
Camp Staff	Teacher
Childcare Providers (MA requires annual recertification)	

Courses that meet this requirement are Heartsaver Pediatric First Aid CPR AED, Heartsaver Pediatric First Aid CPR AED Online, Pediatric CPR AED and First Aid, and Pediatric CPR AED and First Aid Blended Course.

Bloodborne Pathogens

Body Art Practitioners – must take annually

You can take Bloodborne Pathogens as a classroom course or as an online-only course.

Is your profession not listed? Contact me to find out what course you need!

Coastal CPR & First Aid, LLC
603/831-3177 | info@CoastalCPR.com
www.CoastalCPR.com