



Coastal CPR & First Aid, LLC  
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## Cleaning & Decontamination Policy

All equipment must be thoroughly cleaned according to manufacturer's instructions and/or the guidelines from the Center for Disease Control.

1. All outside surfaces of the manikins will be wiped down with disinfectant wipes. This means all surfaces that are touched by students. This includes, but is not limited to torsos, heads, backs.
  - a. Disinfectant wipes, Sani-wipes, or disinfectant cleaner can be used.
2. Manikin faces will be removed and soaked in a solution that includes bleach, and then thoroughly rinsed.
  - a. Fill a sink or bucket with warm water and add 1 capful of bleach. Let manikin faces soak for 3-5 minutes. Then drain the sink or bucket and rinse the faces with clear running water. Faces can be left to air dry on a rack or dried and re-assembled onto the manikins.
  - b. For on-site classes where cleaning may be delayed, all faces will be wiped with disinfectant wipes prior to placement back in equipment bags. Faces can be cleaned at home or at the classroom after the class.
  - c. Outside of the classroom manikin faces can be cleaned in a dishwasher or washing machine using a dishwasher pod/detergent or laundry detergent and bleach.
3. Pocket masks should soak in a solution that includes bleach, and then rinsed.
  - a. Fill a sink or bucket with warm water and add 1 capful of bleach. Let masks soak for 3-5 minutes. Then drain the sink or bucket and rinse the masks with clear running water. Masks can be left to air dry on a rack or dried and put away.
  - b. For on-site classes where cleaning may be delayed, all masks will be wiped with disinfectant wipes prior to placement back in equipment bags. Masks will be cleaned at home or at the classroom after the class.
  - c. Outside of the classroom masks can be cleaned in a dishwasher or washing machine using a dishwasher pod/detergent or laundry detergent and bleach. However, be advised some masks will not hold up to the high heat settings of a dishwasher sanitize cycle.
4. Manikin lungs are removed and replaced with new lungs after each class.
5. All course participants will use barrier devices in BLS and CPR AED courses; this includes training valves and training barrier sheets or shields. Training valves, sheets, and shields will be discarded at the conclusion of the course.

6. Coastal CPR & First Aid, LLC encourages a 1:1 ratio for pocket masks. Instructors should have 1 mask for each course participant and mask sharing is discouraged.
7. AED trainers should be sprayed with disinfectant or wiped down with disinfectant wipes after individual and classroom use.
8. Bag valve mask devices should be sprayed with disinfectant or wiped down with disinfectant wipes after individual and classroom use.
9. Instructors are encouraged to have gloves and adequate cleaning supplies on hand to ensure a clean and safe classroom environment for course participants.
10. Re-usable First Aid supplies, such as Epinephrine Pen Trainers, will be sprayed with disinfectant or wiped down with disinfectant wipes after the class.
11. First Aid supplies such as gloves and gauze will be discarded after use in class. There are many things we reuse and recycle; First Aid products are not usually one of them. If you would not reuse it in real life, we do not reuse it in a classroom.
12. Any re-usable First Aid item will be cleaned or disinfected after the class.
13. When using laptops or iPads for rosters or digital course sign in, the keyboard and screen will be wiped down with an alcohol prep pad or other disinfectant wipe.
14. Coastal CPR & First Aid, LLC is in New Hampshire. According to the NH Department of Health and Human Services, Cold and Flu Season extends from October to May. During these months strict cleaning and decontamination policies and practices are strongly encouraged to protect our course participants.